

SCOTT KEATLEY

WHERE METABOLISM MEETS
MOMENTUM.



SCOTTKEATLEY.CO

DIETITIAN

Scott is a five-star registered dietitian and co-owner of Keatley Medical Nutrition Therapy. His expertise bridges food, fitness, and metabolic health, contributing to outlets including Runner's World, NBC News Prevention, and Women's Health. He received The Media Excellence Award from the New York State Academy of Nutrition and Dietetics in 2023 for his outstanding work in nutrition communications.

HEALTH MEDIA

Scott is a registered dietitian and metabolic health expert who helps active individuals improve energy, body composition, and long-term health.

RUNNER

Scott is a lifelong and accomplished runner who merges nutrition science with endurance training. He specializes in fueling strategies for performance and recovery and has completed numerous races across the United States.

AS SEEN ON



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